



Annual report
and accounts

for the year ended 30 September

2020

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Trustees

Dr Moses Lewis
Mrs Sarah Bard
Mr Salo Heimann
Ms Pearl Weinberger
Mrs Rachel Gruber

Administration address

Mrs Rachel Gruber
9 Watermint Quay
Craven Walk
London N16 6DN

Charity number

1124803

Accountants

Carl Rosen
50 Craven Park Road
South Tottenham
London N15 6AB

Until February/March 2020, before the Covid-19 pandemic broke, Sonshine projects were running successfully and to plan.

Projects included:

Motor skills groups to aid children with gross and fine motor difficulties, helping them develop vital daily living skills.

Netball and cycling for children who have made progress in the motor skills groups, allowing them to participate in mainstream sports.

Art group 'Reframe' is a new project which was devised to give children an opportunity to express and develop their creative talents and help them improve their skills.

Oral health utilized materials from our successful project in 2019 to assist another school to implement the oral health programme. This enabled a further 150 children to benefit from increased oral health knowledge.

From mid-March Covid-19 seriously curtailed our ability to run normal projects. This had a devastating impact on the children we support. We responded by re-assessing the way we work and how we could deliver help and new projects without breaching the Covid-19 protocols set by the Government.

The families that rely on Sonshine for physical and emotional support are often disadvantaged and are therefore struggling disproportionately during this pandemic.

New delivery methods and project content were designed to meet Covid-19 guidelines:

Home activities Families could choose from a variety of age-appropriate games, toys and exciting arts and crafts to keep their children occupied during the time they were at home and not attending school.

Gardening We provided home gardening kits and plants for over 40 children who had previously participated in our gardening groups. This enabled them to practise their gardening skills in safety, and often developed into a family project.

Keeping fit Families were given opportunities to use our very popular 'kangaroo shoes', with accompanying instruction and a music CD.

Super chefs A newly devised project called Super Chefs was introduced, a cooking project for children on the autistic spectrum. It comprised of home kits with all necessary supplies, clear recipes and instructions. This programme has increased their ability to follow instructions and added to their independence, creativity and culinary skills. Additionally, the young people who have created and prepared the kits will be able to use the experience gained to establish a similar model for possible future business ventures.

Income/ expenditure

Our accounts for the year ending September 2020 show that our expenditure this year exceeded income.

Normal fundraising became a difficult issue for Sonshine, with fewer staff and facilities and the closure of our office for an extended period. However, we were still able to support the children and families we care for by using part of our financial reserves to continue our work. Subsequently reserves are now lower than our usual policy of 3 months cashflow. Towards the end of our financial year we re-established our fundraising process and sought to widen our grant and fundraising applications. We have also placed a stronger emphasis on obtaining donations and this along our increased grant and fundraising efforts help us remain positive that we can improve our overall financial position.

Liberty Hall

We are fortunate to have access to these premises and have started running an after-school club for a small group of vulnerable children. The group runs for 2 hours on Tuesdays and Thursdays. Children spend their time involved in a variety of structured activities including drumming, singing, arts and crafts and bouncing on kangaroo shoes.

We are also able to offer this venue to individual carers and the vulnerable children they look after when not at school due to lockdown. Children who might otherwise be restricted to outdoor walks in all weathers now have a safe, warm and secure place to be looked after, and have access to existing equipment at the venue.

Future programme additions

Parents support group

A fundraising programme has been initiated to provide a parents' support group. Lockdown has exacerbated many child behavioural issues and it has become even more important that we help parents rise to the challenges they are facing. Creating this group is aimed at giving parents greater knowledge and support in order that they can better deal with their children's challenging behaviour and it will target parents of children who are struggling with issues of mental health, anxiety, obesity and associated illness. The group will meet monthly and, as part of its strategy, arrange for specialists in these fields to speak to parents and pass on tested and successful methods of dealing with their children's physical and mental challenges at home.

Specialist equipment lending library

We also have plans to start a library with specialist equipment that would benefit children with additional needs but which is too expensive for parents to purchase. Lockdown has highlighted the need for such a facility.

Reserves policy

The trustees aim to maintain unrestricted funds, which are the free reserves of the charity at a level of at least three months running costs.

Risk assessment

The charity has identified and assessed the major risks to which it is exposed, in particular those of safety and protection of the vulnerable young adults while in the charity's care, as well as the finances of the charity. The charity is satisfied that systems are in place and routinely assessed, including procedures for child protection, health and safety, vulnerable adults policy and financial management and controls.

Responsibilities of the trustees

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the balance sheet date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the trustees should follow best practice and:

- a) select suitable accounting policies and the apply them consistently.
- b) make judgements and estimates that are reasonable and prudent.
- c) follow applicable accounting standards and the Charities SORP 2015, disclosing and explaining any departures in the financial statements.
- d) prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them as trustees to ensure that the financial statements comply with the charity law. The trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

One of our trustees, Mrs Weissberger, has resigned from her position. We would like to thank her for all her efforts that she has invested in our organisation, and we wish her the best of luck for the future. She has been replaced by Miss Pearl Weinberg who will be representing the young people.

Board of trustees

The members of the board of trustees are set out on Page 3.

Approved by the trustees of on 8 February 2021 and signed on behalf of them all.



Mrs Sarah Bard
Trustee

Statement of financial activities

for the year ended 30 September 2020



	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
Incoming resources					
Activities to further the charity's objects	2	4,951	39,822	44,773	83,668
Interest income		0	0	0	0
Total incoming resources		4,951	39,822	44,773	83,668
Total incoming resources		4,951	39,822	44,773	83,668
Resources expended					
Cost of generating funds		2,000	0	2,000	1,900
Net incoming resources available for charitable application		2,951	39,822	42,773	81,768
Cost of activities in furtherance of the charity's objects	3	5,783	67,105	72,888	65,471
Governance costs	5	450	0	450	350
Total charitable expenditure		6,233	67,105	73,338	65,821
Total resources expended	3	8,233	67,105	75,338	67,721
Net movement in funds		(3,282)	(27,283)	(30,565)	15,947
Transfer to/(from) reserves		0	0	0	0
Net reserves for the year		(3,282)	(27,283)	(30,565)	15,947
Total funds brought forward		29,548	27,283	56,831	40,884
Total funds carried forward	13	£ 26,266	£ (0)	£ 26,266	£ 56,831

	Notes	2020 £	2019 £
Fixed assets			
Tangible assets	8	89	118
		89	118
Current assets			
Cash at bank and in hand		26,717	57,063
		26,717	57,063
Creditors			
Amounts falling due within one year	9	(540)	(350)
Net current assets		26,177	56,713
Total assets less current liabilities		26,266	56,831
Net assets	11	£ 26,266	£ 56,831
Restricted funds	12	(0)	27,283
Unrestricted funds	13	26,266	29,548
Total funds		£ 26,266	£ 56,831

Approved by the trustees on 8 February 2021, and signed on behalf of them all.

S. Bard

Mrs Sarah Bard
Trustee

The notes on pages 8 to 10 form part of these accounts.

1) Principal accounting policies

Basis of accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (effective from April 2015).

Cash flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

Donations and fund accounting

Donations received for the general and main purposes of the charity is included as unrestricted funds in the Statement of Financial Activities when receivable. Donations and grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the trustees.

Tangible fixed assets

Depreciation is provided after taking into account of any grants receivable at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fitting	25% on net book value
Durable Tools	25% on net book value
Durable Equipment	25% on net book value

Resources expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements. The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
2) Incoming funds				
Donations received	4,151		4,151	0
Ability North London	0		0	3,425
Awards 4 All		0	0	9,750
BBC Children In Need		6,439	6,439	25,691
Children contribution	800		800	5,938
Ezer Leyoldos		0	0	65
LB Hackney		20,533	20,533	9,370
LB Hackney/Bright Ideas		0	0	15,043
NLBC	0		0	303
SG Hambros Monica		0	0	4,000
Shoresh Charitable Trust		1,500	1,500	1,983
Skipton Foundation		1,750	1,750	0
The Panton Trust		0	0	1,000
Young Hackney		9,600	9,600	7,100
	4,951	39,822	44,773	83,668
	£ 4,951	£ 39,822	£ 44,773	£ 83,668

	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
3) Analysis of total resources expended charitable activities				
Cost of activities in furtherance of the charity's objects				
Charitable activities				
Activity cost	3,783	7,115	10,898	10,236
Administration		3,217	3,217	2,756
Advertising and publicity		6,589	6,589	2,517
Books		141	141	0
Consultancy		1,843	1,843	2,537
Depreciation		29	29	39
Design		240	240	0
Equipment		4,377	4,377	4,089
Insurance		250	250	250
Material and activity packs	2,000	8,733	10,733	4,260
New computer system		2,313	2,313	2,300
Office furniture	0		0	1,800
Office rental		2,393	2,393	3,013
PPE and Covid		259	259	0
Premises hire		5,120	5,120	7,394
Printing, postage and stationery		5,680	5,680	3,699
Refreshment (Food parcels)		3,687	3,687	3,659
Staff costs		5,848	5,848	6,782
Telephone		1,016	1,016	712
Training		1,308	1,308	1,660
Transport		3,128	3,128	3,944
Volunteer expenses		3,819	3,819	3,755
Website		0	0	69
Total charitable activities	5,783	67,105	72,888	65,471
Total cost of activities in furtherance of the charity's objects	£ 5,783	£ 67,105	£ 72,888	£ 65,471
4) Cost of generating funds				
			£ 2,000	£ 1,900
5) Governance costs				
Accountancy		450	450	350
Legal		0	0	0
	£ 450	£ 0	£ 450	£ 350
6) Taxation				
The charity is exempt from taxation on its charitable activities.				
			2020	2019
7) The average number of employees during the year, on a full time equivalent basis was:				
			2	1
No employee was paid above £60,000 per year.				

8) Tangible fixed assets

	Fixtures and fittings £	Durable tools £	Durable equipment £	Total £
<i>Cost or valuation</i>				
At 30 September 2019	689	963	543	2,195
Additions	0	0		0
Disposals	0	0	0	0
At 30 September 2020	689	963	543	2,195
<i>Depreciation</i>				
At 30 September 2019	679	869	529	2,077
Charge for the year	2	24	3	29
At 30 September 2020	681	893	532	2,106
<i>Valuation</i>				
30 September 2020	£ 8	£ 70	£ 11	£ 89
30 September 2019	£ 10	£ 94	£ 14	£ 118

9) Creditors: amounts falling due within one year

	2020 £	2019 £
Accruals	540	350
	£ 540	£ 350

10) Creditors: amounts falling due after more than one year

	2020 £	2019 £
Bank loans and overdrafts	0	0
Debt due after more than one year	£ 0	£ 0

11) Net assets of the charity's funds

	Fixed assets £	Current assets £	Long term liabilities £	Fund balances £
Unrestricted funds	0	26,177	0	26,177
Total funds	£ 89	£ 26,177	£ 0	£ 26,266

12) Restricted funds: movements in the year

	Balance at 30 September 2019 £	Income £	Expended £	Transfer to/from reserves £	Balance at 30 September 2020 £
	27,283	39,822	67,105	0	(0)
Total Funds	£ 27,283	£ 39,822	£ 67,105	£ 0	£ (0)

13) Unrestricted funds: movements in the year

	Balance at 30 September 2019 £	Income £	Expended £	Transfer to/from Reserves £	Balance at 30 September 2020 £
General reserves	29,548	4,951	8,233	0	26,266
Total funds	£ 29,548	£ 4,951	£ 8,233	£ 0	£ 26,266

14) Related party transactions

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related charity.

There were no related party transactions in the year.

Accountants report to the trustees on the unaudited accounts of the charity Sonshine Club for the year ended 30 September 2020



We report on the financial statements of Sonshine Club for the year ended 30 September 2020 which comprise the statement of financial activities, the balance sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

Respective responsibilities of trustees and reporting accountants

As described on page 5, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

Basis of accountant's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. These procedures provide only the assurance expressed in our opinion. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Opinion

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
 - a) to keep accounting records in accordance with section 130 of the Act; and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 8 February 2021

Reporting Accountant

Carl Rosen
50 Craven Park Road
South Tottenham
London N15 6AB

