



Annual report
and accounts

for the year ended 30 September

2022

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Trustees

Dr Moses Lewis
Mrs Sarah Bard
Mr Salo Heimann
Ms Pearl Weinberger
Mrs Rachel Gruber

Administration address

Mrs Rachel Gruber
9 Watermint Quay
Craven Walk
London N16 6DN

Charity number

1124803

Accountants

C Rosen & Co

2022 has been a year filled with excitement, enthusiasm, and ambition. We have continued to soar to new heights, fostering ideas, imagination, and initiatives to benefit the community. This report highlights our achievements, ongoing projects, and new endeavours during the past year.

Income generation and community impact

Our Social Enterprise schemes have proven to be a resounding success, generating an over 30k of revenue, representing nearly 30% of the total income. This accomplishment allowed us to commission services to 16 local schools and 8 other organizations, reaching out to the most disadvantaged users. This unrestricted income will sustain us when funds run dry, ensuring maximum benefit to the community

Continued success of core services

Throughout the year, we have maintained our core services, which have proven to be exceptionally fruitful. The Cycling in the Velo Park, Gardening Community Club, Football Club, Art Group, and Motor Skills Program have all seen increasing participation compared to the previous year. Over 800 young people have actively engaged in a full 10–12-week block of activities, while an additional 4000 young individuals enjoyed the commissioned activities. These projects have served children with diverse abilities and needs, fostering their physical, social, and mental development. We are particularly proud of our contribution to mainstream sports and social environments, helping these children flourish.

Expanding horizons

Under the mantra of “building back better,” Sonshine Club has expanded its offerings. We successfully ran a bi-monthly support group for mothers and carers of disabled children, in collaboration with the generous assistance of LB Hackney. This initiative has provided much-needed respite and support to burnt-out mothers, fostering a non-judgmental environment for sharing experiences and knowledge. The support group has grown to include 40 parents, meeting regularly to discuss relevant topics such as mental health, wellbeing, and child development.

Empowering children with disabilities

The Snoezelen Room and Lending Library have continued to cater to children with disabilities and their families. This facility offers a Snoezelen environment, known for its proven therapeutic benefits in helping individuals with autism and other developmental issues regulate their emotions and anxiety. The space allows children to enjoy specially designed equipment and borrow items like CD players, laptops, toys, and books from the lending library, providing enrichment and comfort.

Introducing new initiatives

We are delighted to introduce two new initiatives that have made a significant impact. The Weekly Food Box program has eased the burden on caregivers who struggled to afford basic food for their families, including those with disabilities. This initiative has provided essential support to families during challenging times.

Our newest innovation, the Friendship Circle, offers an after-school dinner club for 14 young people aged 11-18 with moderate to severe disabilities. This inclusive program provides arts, sports, and music activities, accompanied by nutritious meals prepared by a certified cook. The Friendship Circle was created in response to the needs of parents and carers facing pandemic-related challenges and personal loss. It has been a valuable addition to the community, promoting a sense of belonging and providing a nurturing environment for young participants. The club is based at a state of art risk assessed premises and is staffed by dedicated trained carers who have been DBS checked. The club is open full day Sunday and Monday to Thursday after school for 3 hours daily. This project began in September 2022 and will continue to run all year. The aim is for the premises to always stay open so that if a child is out of school due to illness or any other reason they could let themselves in with an accompanying carer and enjoy the facilities.

Recognizing our volunteers

Throughout the year, we have been fortunate to work with 10 dedicated volunteers who have collectively contributed an impressive 30-40 hours each to Sonshine Club. Their unwavering support

and encouragement have been crucial in delivering vital services. We express our heartfelt gratitude to these outstanding individuals for their selfless contributions.

Gratitude and appreciation

Lastly, we extend sincere thanks to trustees, funders, and supporters for their unwavering commitment and invaluable contributions. With your continued support, we look forward to connecting, serving, and uplifting our users in 2023 and beyond..

Reserves policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least three months running costs.

Risk assessment

The Charity has identified and assessed the major risks to which it is exposed, in particular those of safety and protection of the vulnerable young adults whilst in the Charity's care as well as the finances of the Charity. The Charity is satisfied that systems are in place and routinely assessed including procedures for Child Protection, Health and Safety, Vulnerable Adults Policy and Financial Management and Controls.

Responsibilities of the trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet, date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the trustees should follow best practice and:

- a) Select suitable accounting policies and the apply them consistently.
- b) Make judgements and estimates that are reasonable and prudent.
- c) Follow applicable accounting standards and the Charities SORP 2015, disclosing and explaining any departures in the financial statements.
- d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

Board of trustees

The members of the board of trustees are set out on Page 3.

Approved by the trustees of on 23 July 2023 and signed on behalf of them all.



Mrs Sarah Bard
Trustee

Statement of financial activities for the year ended 30 September 2022



	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Incoming resources					
Activities to further the charity's objects	2	40,211	90,456	130,667	92,839
Total incoming resources		40,211	90,456	130,667	92,839
Resources expended					
Cost of generating funds	4	3,000	0	3,000	2,300
Net incoming resources available for charitable application		37,211	90,456	127,667	90,539
Cost of expenditure on charitable activities	3, 5	36,814	84,870	121,684	65,025
Total charitable expenditure		36,814	84,870	121,684	65,025
Total resources expended	3	39,814	84,870	124,684	67,325
Net movement in funds		397	5,586	5,983	25,514
Transfer to/(from) reserves		0	0	0	0
Net reserves for the year		397	5,586	5,983	25,514
Total funds brought forward		45,866	5,914	51,780	26,266
Total funds carried forward	11	£ 46,263	£ 11,500	£ 57,763	£ 51,780

Balance sheet at 30 September 2022



	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	8	54	67
		54	67
Current assets			
Cash at bank and in hand		58,209	52,213
		58,209	52,213
Creditors			
Amounts falling due within one year	9	(500)	(500)
Net current assets		57,709	51,713
Total assets less current liabilities		57,763	51,780
Net assets	11	£ 57,763	£ 51,780
Restricted funds	12	11,500	5,914
Unrestricted funds	13	46,263	45,866
Total funds		£ 57,763	£ 51,780

Approved by the trustees on 23 July 2023, and signed on behalf of them all.

S. Bard

Mrs Sarah Bard
Trustee

The notes on pages 8 to 11 form part of these accounts.

1) Principal accounting policies

Basis of accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (effective from April 2015).

Cash flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

Donations and fund accounting

Donations received for the general and main purposes of the charity is included as unrestricted funds in the Statement of Financial Activities when receivable. Donations and grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the trustees.

Tangible fixed assets

Depreciation is provided after taking into account of any grants receivable at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings:	25% on net book value
Durable tools:	25% on net book value
Durable equipment:	25% on net book value

Resources expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

2) Incoming funds

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Social Enterprise	37,197	0	37,197	17,290
Other income generated	3,014	0	3,014	3,446
HMRC Furlough Funding	0	790	790	4,740
Arnold Clark	0	2,500	2,500	1,000
Cheshire Community CCF Assura	0	4,991	4,991	0
City and Hackney HCVS	0	4,995	4,995	0
Covid 19 Response	0	0	0	9,337
Donald Forrester	0	0	0	4,950
Didymus	0	0	0	4,950
DWF Charitable FOU DWF	0	4,950	4,950	0
East End Community Foundation	0	2,021	2,021	0
Edward Gostling	0	5,000	5,000	0
Finnis Scot	0	0	0	1,000
Hackney Mains	0	9,970	9,970	0
HAF	0	1,910	1,910	0
Hedley FDN BCA	0	3,000	3,000	0
Jewish Childs Day	0	0	0	5,000
Lecheiris	0	0	0	2,000
LB Hackney	0	14,599	14,599	0
London Catalyst	0	500	500	0
Little Lives UK	0	0	0	1,450
Magdalan Hospital	0	0	0	2,000
Main Awards For All	0	9,960	9,960	0
People's Health Trust	0	3,022	3,022	6,044
PWC YCSF	0	0	0	2,000
Scott Bader	0	4,000	4,000	0
Shoresh Charitable Trust	0	500	500	500
Souter Charitable Trust	0	3,000	3,000	0
Sport Together	0	4,998	4,998	0
The Adamson Trust	0	0	0	1,000
The Clothworker's Trust	0	0	0	5,600
The Stockwell/Stockcliffe	0	250	250	0
The Toy Trust	0	0	0	1,032
UK Youth	0	0	0	10,000
Young Hackney	0	9,500	9,500	9,500
Total incoming funds	£ 40,211	£ 90,456	£ 130,667	£ 92,839

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
3) Analysis of total resources expended charitable activities				
Cost of activities in furtherance of the charity's objects				
Charitable activity costs	24,700	49,037	84,851	41,745
Evaluation and learning	0	4,000	4,000	1,443
Insurance	0	637	637	404
Materials	8,607	3,833	12,440	6,332
Office costs	0	10,386	10,386	10,715
Staff wages	0	20,810	20,810	9,882
Website	2,507	0	2,507	100
Total	35,814	84,870	120,684	64,189
Total cost of activities in furtherance of the charity's objects	£ 35,814	£ 84,870	£ 120,684	£ 64,189
4) Cost of generating funds				
	£3,000	£ 0	£ 3,000	£ 2,300
5) Governance costs				
Accountancy	1,000	0	1,000	863
Legal	0	0	0	0
	£ 1,000	£ 0	£ 1,000	£ 863
6) Taxation				
The charity is exempt from taxation on its charitable activities.				
			2022	2021
7) The average number of employees during the year, on a full time equivalent basis was:			4	2
No employee was paid above £60,000 per year.				

8) Tangible fixed assets

	Fixtures and fittings £	Durable tools £	Durable equipment £	Total £
<i>Cost or valuation</i>				
At 30 September 2021	689	963	543	2,195
Additions	0	0		0
Disposals	0	0	0	0
At 30 September 2022	689	963	543	2,195
<i>Depreciation</i>				
At 30 September 2021	683	910	535	2,128
Charge for the year	1	10	2	13
At 30 September 2022	684	920	537	2,141
<i>Valuation</i>				
30 September 2022	£ 5	£ 43	£ 6	£ 54
30 September 2021	£ 6	£ 53	£ 8	£ 67

9) Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	500	500
	£ 500	£ 500

10) Creditors: amounts falling due after more than one year

	2022 £	2021 £
Bank loans and overdrafts	0	0
Debt due after more than one year	£ 0	£ 0

11) Net assets of the charity's funds

	Fixed assets £	Current assets £	Long term liabilities £	Fund balances £
Unrestricted funds	0	46,623	0	46,623
Total funds	£ 54	£ 57,709	£ 0	£ 57,763

12) Restricted funds: movements in the year

	Balance at 30 September 2021 £	Income £	Expended £	Transfer to/from reserves £	Balance at 30 September 2022 £
	5,914	90,456	84,870	0	11,500
Total Funds	£ 5,914	£ 90,456	£ 84,870	£ 0	£ 11,500

13) Unrestricted funds: movements in the year

	Balance at 30 September 2021 £	Income £	Expended £	Transfer to/from Reserves £	Balance at 30 September 2022 £
General reserves	45,866	40,211	39,814	0	46,263
Total funds	£ 45,866	£ 40,211	£ 39,814	£ 0	£ 46,263

14) Related party transactions

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related charity.

There were no related party transactions in the year.

We report on the financial statements of Sonshine Club for the year ended 30 September 2021 which comprise the statement of financial activities, the balance sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

Respective responsibilities of trustees and reporting accountants

As described on page 5, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. These procedures provide only the assurance expressed in our opinion. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Opinion

In our opinion, no matter has come to our attention,

1) which gives us reasonable cause to believe that, in any material respect, the requirements

a) to keep accounting records in accordance with section 130 of the Act; and

b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 23 July 2022

Independent examiner

C. Rosen & Co